

```
$capitals = [  
  ["name" => "London", "Country" => "United Kingdom"],  
  ["name" => "Amsterdam", "Country" => "Netherlands"],  
  ["name" => "Paris", "Country" => "France"]  
];  
  
for ($i=0; $i<count($capitals); $i++) {  
  $item = $capitals[$i];  
  echo $item['name'];  
}  
  
echo "the end";
```

